

Open Gym

We now offer an open gym to all 5th-12th graders. These open gym opportunities are for our students to better their skills in basketball and/or volleyball. Open gym will be supervised and students are expected to be there with a purpose of improving their skills in basketball and volleyball. Students will sign in and out of the gym. This is not recess! Students will be expected to be safe, include other students, and listen to the supervisor. Anyone not following the rules will be asked to leave and will have to find a way home.

Basketball

- Students may practice ball handling and shooting skills
- Shooting with a partner
- Students may organize a game of 3 on 3
- Depending on how much room is available, possibility of 5 on 5 full court (using ½ of gym)

Volleyball

- Pass and set with a partner
- There must be at least 6 students interested in setting up a net
- If the net is up, students may practice setting and hitting, serving, and scrimmage

Dates, Location, Time

9/6 GMS 3:20-4:30

9/13 GMS 3:20-4:30

9/18 GMS 3:20-4:30

9/27 GMS 3:20-4:30

10/1 GMS 3:20-4:30

10/11 GHS 3:20-4:30

10/18 GHS 3:20-4:30

10/23 GHS 3:20-4:30

11/1 GMS 3:20-4:30

12/4 GMS 3:20-4:30

12/5 GMS 3:20-4:30

12/13 GMS 3:20-4:30

12/17 GMS 3:20-4:30

***Please note the time and location. Have your ride waiting for you after open gym at 4:30!

***This schedule is subject to change if the gym becomes unavailable.

***More date may be added. `